

Berry Luscious: features plump, tasty sun-dried fruit like cranberries, blueberries, and raspberries...lightly sweetened with maple syrup and infused with pure vanilla extract. Crafted with the finest ingredients, this irresistible blend of oats, berries, and seeds is bursting with flavors and nutritional value!

Nana's All Natural brings back the goodness of days gone by, with healthy foods that taste great! Our granola is handcrafted in small batches, providing an all-day source of energy. Each blend is slow-baked using the highest quality ingredients—no fillers and no shortcuts. All varieties are naturally sweetened using maple syrup or coconut sugar and offer a unique blend of spices to create a truly delicious flavor. Nana's granola is more than just a breakfast cereal; it's a healthy, tasty

snack you can feel good about eating anytime. This kitchen staple can be used in baking; sprinkled over yogurt; or eaten straight out of the bag!

Nutrition Facts

Serving Size: 1/4 Cup (29g)
Servings Per Container About 12

Amount Per Serving

Calories 130 Calories from Fat 60
% Daily Value*

Total Fat 6g 9%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 14g 5%

Dietary Fiber 2g 8%

Sugars 3g

Protein 4g

Vitamin A 0% Vitamin C 0%

Calcium 2% Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

From our family to yours, enjoy, Nana
For recipe ideas: www.nanasallnatural.com

Find us on Facebook!



INGREDIENTS:

Organic oats, organic sunflower seeds, organic pumpkin seeds, organic coconut oil, maple syrup, dried berry mix (cranberries, blueberries, red raspberries, cane sugar, sunflower oil), and pure vanilla extract.

MFG. BY: NANA'S ALL NATURAL FOODS
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Made in a facility that also processes wheat, soy, nuts, milk and coconut products. May contain pit or shell pieces.